

# Patient Medical Notebook

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For Patients, Their Families and  
Caregivers for Improved Care,  
Communication and Compassion



Care and Choice at the End of Life

# Important Information

## Patient's name and contact information:

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## People to call in case of emergency:

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Relationship: \_\_\_\_\_

## Check YES or NO for the following medical directives:

**Yes, I DO** \_\_\_ or **No, I DO NOT** \_\_\_ have an advance healthcare directive or living will. Advance directives are kept here:

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**Yes, I DO** \_\_\_ or **No, I DO NOT** \_\_\_ have a healthcare representative through a power of attorney for healthcare.

Name/contact info: \_\_\_\_\_

**Yes, I HAVE** \_\_\_ or **No, I HAVE NOT** \_\_\_ had a discussion with my doctor about an out-of-hospital Do Not Resuscitate (DNR) order, a Physician Orders for Life-Sustaining Treatment (POLST), or other advanced planning.

## Allergies/serious medical conditions:

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# Medical Contacts, Insurance Co. & Pharmacy

Insurance name(s), identification # & phone #:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Pharmacy name(s), location & phone #:

1. \_\_\_\_\_

2. \_\_\_\_\_

Doctor name(s), specialty, location & phone #:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Other frequently called numbers:**

*This could include medical transport numbers, the cell numbers of caregivers, neighbors who help with respite care, medical supply services, etc.*

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# Prescription & Medicine Log

Date: \_\_\_\_\_

Medical Provider: \_\_\_\_\_

Medicine: \_\_\_\_\_

Dose: \_\_\_\_\_

Notes: \_\_\_\_\_

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Compassion & Choices  
improves care, expands  
options, and empowers  
everyone to chart their  
end-of-life journey.

To print state-specific advance healthcare directive  
forms and checklists for healthcare planning, visit  
us at: [CompassionAndChoices.org](https://CompassionAndChoices.org)



 compassion  
& choices



[CompassionAndChoices.org](https://CompassionAndChoices.org)