



Introduction to Using the Find Care Tool

Choosing a doctor, medical team, facility and hospice who are supportive of your end-of-life choices is important. If medical aid in dying is an important end-of-life care option for you, this online tool is designed to help you choose a facility, medical team and/or hospice which will support your end-of-life choices.

Step 1: “Be Educated and Informed”

Visit the [End-of-Life Information Center](#) to learn about the full range of end-of-life options. Also:

- Download the medical aid in dying information packet for your state [[Oregon](#), [Montana](#), [Vermont](#), [California](#), or [Colorado](#)].
- Watch our [medical aid in dying video](#).
- Download tips for [How to Talk to Your Doctor About Your End-of-Life Options](#) and [How to Interview a Hospice](#) to ensure your end-of-life choices will be supported.
- Download the Request for Medication form for your state [[Oregon](#), [Vermont](#), [California](#), [Colorado](#), or the [District of Columbia](#)] and find many other important resources.

Step 2: “Identify Which Medical Facilities and Hospices Support End-of-Life Choice”

Use the Find Care Tool to (1) choose a medical facility or hospice, or see if your current healthcare system or hospice in Oregon, California and Colorado is supportive of end-of-life choice and (2) whether a medical facility has an internal referral process to doctors willing to support patients who choose medical aid in dying.

- If your healthcare system, facility or hospice is on this list, you will need to talk to your doctor or the hospice medical director about whether or not she or he will support your end-of-life choices (see Step 3). If your doctors are unwilling to support your end-of-life choices, please use this tool to see if your medical facility has an internal referral process to transfer your care to another doctor who is willing to support your choices.
- If your healthcare system is not on this list, they may not have formally adopted a policy that would allow your doctors to fully support requests for medical aid in dying.* It is still important that you talk to *your doctor* about your end of life wishes. In the event that your doctor cannot support you, they may be able to refer you a doctor outside of the healthcare system where you can re-establish care.
- Please check back frequently as we are constantly adding new facilities to the Find Care tool.

*If you work for a health system, hospital, medical clinic, hospice or retirement community that is supportive of patient choice and you would like to see your facility added to this tool, or if you are a patient who would like to share your experience, please let us know by emailing us [here](#).

Step 3: “Talk To Your Doctors and Hospice Team”

1. First, ask your doctors (PCP, oncologists, specialists, hospice medical director, etc) if they will prescribe medication for medical aid in dying or act as the required consultant if you are or were to become terminally ill. Remember, **the quickest and easiest way** to



access medical aid in dying is if your own doctors support you by serving as the required prescribing and consulting doctors.

- Download our tips on [How to Talk to Your Doctor About Your End-of-Life Options](#) guide and [A Patient's Guide to Person Advocacy With Doctors, Healthcare Systems and Hospice](#) guide for ideas and the sample script below before you speak with your doctors.
 - Download our tips on [How to Interview a Hospice](#).
 - We also have [Doc2Doc resources](#) you can share with your doctors who have questions about medical aid in dying and other end-of-life options.
2. Second, if your doctors will not participate in medical aid in dying (individual doctors can choose whether to participate in this end-of-life care option):
- Ask your doctor for a referral to another doctor who has chosen to participate. In some health systems there is already an internal referral system within the network. You can also check the Find Care tool to see if your health systems has an internal referral system which supports both patients and doctors who choose to participate, or
 - Consider asking for an ethics consultation to elevate your need for support.

Step 4: If needed, use the Find Care Tool to establish healthcare with a new medical facility, system or hospice supportive of your end-of-life values and choices if you cannot get support or referrals from your own doctors

1. If your doctors isn't able to refer you, and there is no internal referral system or an ethics consult is not possible, then consider re-establishing care with a facility, system or hospice that supports patient end-of-life choice. The [Find Care Tool](#) can be utilized to help locate systems with internal processes for making sure your care is well coordinated.
 - a. Please note:
 - i. With hospitals and clinics: It is preferable to **wait** until you are face to face in an appointment and have established care with a new doctor before inquiring about medical aid in dying. Hospital staff who answer phones are not often informed about medical aid in dying and may give you the wrong information which could delay your appointment.
 - ii. With hospices: It is preferable to inquire about medical aid in dying before establishing care with a hospice to ensure that your hospice team is willing to support your end-of-life choices.
 - b. Scheduling an appointment usually takes a few weeks. If wait time is more than 6 weeks out for a new patient visit, you can ask to get on a cancellation list or waitlist for a sooner appointment.