It was definitely a positive experience. There were parts [of the internship] that were sad, especially talking with families about making tough decisions with their loved ones. But I think it was impactful and important for me to be able to see that. **It prepared me for what's to come.**

The internship gave me more confidence, with these difficult conversations. Previously it would've been something I shied away from. But it’s a part of medicine; people die, people get really sick, and you have to make those decisions. **Having all the education and resources in front of me and practicing it out every day on rotations and through this internship, it’s given me more confidence.**
It's almost a spiritual journey with a lot of patients when you're providing the mental and psychosocial support that they need during this time.

I was able to do advance directive planning with my grandma and my mom and some of my family members. It was something that I just never really thought about until I did the internship. Having those conversations with them became a lot easier when I had the information and knew what to say. I really enjoy having these types of conversations with patients.

I listen to how they lived their lives and talk to them about making the most of their time left.